

THE HOLLOWES CAMP | *What to Bring* - **OVERNIGHT CAMP**

~ CLOTHING ~

- 1x Sun Hat
- 1x Wind Jacket
- 1x Waterproof Raincoat
- 2 x Running Shoes
- 1 x Rubber Boots
- 1 x Sandals
- 3 x Long Sleeve T-shirts
- 2 x Sweaters or Fleece
- 6 x T-shirts
- 3 x Shorts
- 2 x Jeans or Exercise Pants
- 2 x Pajamas
- 2 x Swim Suits
- 8 x Underwear
- 8 x Socks

~ TOILETRIES ~

- Toothbrush & Toothpaste
- Hairbrush / Comb
- Soap & Shampoo
- 2 x Towels
- 1 x Washcloth
- Sunscreen
- Bug Spray
- Skin Cream
- Chap-stick
- Band-aids

**Clothing Guideline
for a 1 week session**

**2 Week Sessions
LAUNDRY ADVISED**

~ EQUIPMENT ~

- 1 x Backpack
- 1 x Sleeping Bag
- 1 x Pillow + Pillowcase
- 1 x Laundry Bag
- 1 x Dry Sack
- 1 x Blanket
- 1 x Flashlight or Headlamp
- 1 x REFILLABLE H2O Bottle
- 1 x Mess Kit:
Cutlery , Plate, Cup, & Bowl
- Plastic "Rubbermaid" type
container
or
- Large Zippered "Hockey"
Sports Bag
- Self-addressed Envelopes

DO NOT USE GARBAGE BAGS FOR PACKING

PLEASE PUT YOUR NAME ON EVERYTHING

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~ FOR RIDING ~

- APPROVED RIDING HELMET (SEI or ASTM)
- Rentals available
- Jodhpurs or Chaps or Sweat Pants (No Jeans for riding)
- Safety Vest
- Required for fences
- Strongly advised for all
- Rentals available

~ OPTIONAL ~

- Books & Journals
- Disposable camera
- Water Shoes, PFD
- Tennis Racket
- Watch

~FOR PAINTBALL~

The Hollows Camp provides all of these but you may bring your own equipment!

- Marker
- Mask
- Safety Gear

~DO NOT BRING~

- Expensive items!
- Electronic devices
- Cell Phones (See our policy)
- Laptops/IPads
- Portable Gaming Units
- Jewellery
- Perfume or Cologne
- Paintballs bought from outside The Hollows
- Pocket knife (Held by staff)
- Used for supervised activities

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